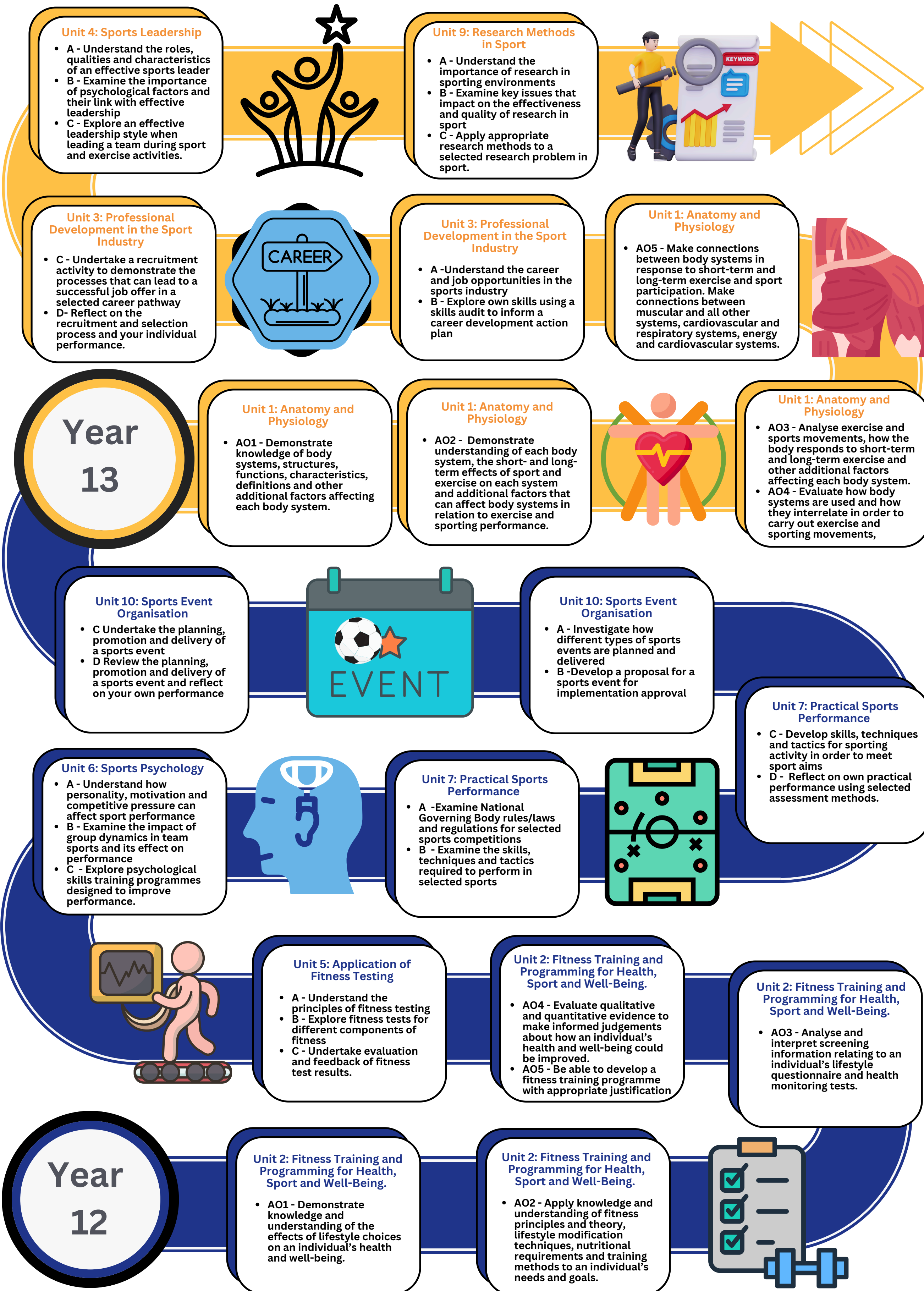


PE Learning Journey - Level 3 Foundation Diploma in Sport



Year 13 Overview

This practical and engaging course has been designed to allow learners to study through a fundamentally learner-centred approach to the curriculum, with a flexible, unit-based structure and knowledge applied in project-based assessments. Students will study modules in Anatomy and Physiology, Professional Development in the Sports Industry, Sports Leadership and Research Methods in Sport

Year 12 Overview

This practical and engaging course has been designed to allow learners to study through a fundamentally learner-centred approach to the curriculum, with a flexible, unit-based structure and knowledge applied in project-based assessments. Students will study modules in Fitness Training and Programming for Health, Sport and Well being, Application of Fitness Testing Sports Psychology, Practical Sports Performance and Sports Event Organisation

“The only one who can tell you ‘you can’t win’ is you and you don’t have to listen.” Jessica Ennis-Hill