

PSHCE

2026 – 2027



THE GRANGE SCHOOL



PSHCE – Year 7

Key Learning Objectives	• To understand the challenges faced through transition. • To share our thoughts and feelings in a range of personal issues. • To understand how our society works, especially with regards to politics.
Curriculum Content:	
Autumn term 1st Half	Managing Change: • How to manage the transition from Primary to Secondary School • Introduction to PSHCE • Understanding the importance of community. • Introduction to Financial Education
Autumn term 2nd Half	Puberty and Body Development • Understanding what puberty is and the changes which occur to ones body. • Male and female puberty • Importance of personal hygiene • Self-esteem • Dental Health
Spring term 1st Half	Friends, Respect and Relationships • Consent and Boundaries • Respect and Relationships • What Makes a Good Friend? • Friendships & Online Relationships • Being Positive • Pressure, Influence and Friends
Spring term 2nd Half	Staying Safe Online and Offline • Avoiding Gangs & Criminal Behaviour • Staying Safe Online • Online Gaming, Grooming & Addiction • Alcohol and Risk • Nicotine and Smoking • E-Cigs, Vaping and Shisha • Energy Drinks and Caffeine • Knife Crime and Safety
Summer term 1st Half	Celebrating Differences • What is your Identity? • Multicultural Britain • Importance of Being Kind • Breaking Down Stereotypes • Learning Disabilities • Prejudice and Discrimination • Challenging Islamophobia
Summer term 2nd Half	Politics and Parliament • Why is Politics Important? • How is our Country Run? • The Role of the Prime Minister • The Monarchy and King Charles III • Politics, Debates and Parliament • Elections and Campaigning • Creating a Political Party
Assessments	Students will be assessed on their effort in extended pieces of writing and tasks. There will be an assessment task at the end of every taught unit.

	Assessment will take various forms including self and peer assessment, and feedback will be given to students on a regular basis, including both written feedback and verbal / whole class feedback as is appropriate. At the end of each topic students will benchmark their own progress in terms of the knowledge acquired, their effort and their next steps.
Homework Structure	Not set in line with department policy.
School-based enrichment Opportunities	Youth Magistrates Competition. School trips in conjunction with the Humanities faculty Model United Nations

PSHCE – Year 8

Key Learning Objectives	• To be aware of issues that affect our safety. • To take part in an active citizenship campaign. • To gain an understanding of our sexual health and be able to seek appropriate advice and services.
Curriculum Content:	
Autumn Term 1st Half	Proud to be Me • Employability & Enterprise Skills • Proud to be Me • Careers and Aspirations • Self-Esteem and the Media • The Importance of Happiness • What Makes Me Angry? • Exploring Careers
Autumn Term 2nd Half	Physical Health and Mental Wellbeing • Health and Wellbeing • What is Mental Health? • Positive Body Image • Child Abuse • Types of Bullying • Healthy Eating and Cholesterol • Stress Management
Spring Term 1st Half	Identity, Relationships, and Sex Education • Relationships and Sex Education • Being Yourself & Self-Love • Healthy Respectful Relationships • What is Love? • Dealing with Conflict • Periods and Menstrual Cycle • Introduction to Contraception • Sexual Orientation
Spring Term 2nd Half	Dangerous Society Online and Offline • County Lines – What is It? • County Lines – Who is at Risk? • Substance Misuse • Cyberbullying • Online Grooming • Alcohol Safety • Child Exploitation & Online Protection
Summer Term 1st Half	Equality and Diversity Explored • Equality Act 2010 • Gender Equality • Ableism and Disability Discrimination • Removing the Barriers, Equality for All • Racism & Discrimination in Society

Summer Term 2nd Half	Relationships and sex education • Living • Building a Community • Making Decisions • Criminals Law & Society • How are Laws Made? • Prisons, Reform & Punishment
Assessments	Students will be assessed on their effort in extended pieces of writing and tasks. There will be an assessment task at the end of every taught unit. Assessment will take various forms including self and peer assessment, and feedback will be given to students on a regular basis, including both written feedback and verbal / whole class feedback as is appropriate. At the end of each topic students will benchmark their own progress in terms of the knowledge acquired, their effort and their next steps.
Homework Structure	Not set, in line with department policy.

PSHCE – Year 9

Key Learning Objectives	- To be aware of issues that affect our personal health. - To gain an understanding of our sexual health and be able to seek appropriate advice and services.
Autumn Term 1st Half	Essential Life Skills - From Failure to Success - Assertiveness - First Aid - Saving and Managing Money - Labour Market Information - Finance, Budgeting and Employment - Social Media & Online Stress
Autumn Term 2nd Half	Body Confidence - How Self-Esteem Changes - Male and Female Reproductive Systems - Bullying in all its forms - Dealing with Grief and Loss - Media and Airbrushing - Cancer Prevention and Healthy Lifestyles
Spring Term 1st Half	Sex, The Law, and Consent - Sexual Consent and the Law - FGM and the Law - Relationships and Partners - Domestic Abuse and Domestic Violence - Why Have Sex? - Delaying Sexual Activity - Sexual Harassment and Stalking
Spring Term 2nd Half	Legal and Illegal Drugs - What is a Drug? - Different Types of Addictions - Cannabis Products - Drug Classifications - Party Drugs & Illegal Drugs - The War on Drugs - Volatile Substance Abuse
Summer Term 1st Half	Contraception and STIs - What are STIs? - Treating STIs and the Clinic - Contraception Explored - Contraception - Condoms - Contraception Explored Further - HIV and AIDS - HIV and AIDS Prejudice and Discrimination
Summer Term 2nd Half	Combatting Extremism and Terrorism# - Conspiracies Theories & Narratives - Forms of Extremism - What is Terrorism? - War & Conflict - The Radicalisation Process - How Does Counter Terrorism Work? - Antisemitism in the UK

Assessments	Students will be assessed on their effort in extended pieces of writing and tasks. There will be an assessment task at the end of every taught unit. Assessment will take various forms including self and peer assessment, and feedback will be given to students on a regular basis, including both written feedback and verbal / whole class feedback as is appropriate. At the end of each topic students will benchmark their own progress in terms of the knowledge acquired, their effort and their next steps.
Homework Structure	Not set, in line with department policy.
School-based enrichment opportunities	Youth Magistrates Competition.