



Mental Health
Support Team

Buckinghamshire



FREE

**FOR PARENTS
AND CARERS**

LIVE WEBINARS

CHILDREN'S MENTAL HEALTH



**DATES:
OCT – DEC
2026**



**TIME:
6PM – 7.30PM**

To register, scan the QR codes on the next page!



01865 901566



bucksmhst@oxfordhealth.nhs.uk

*PLEASE NOTE: YOUR CHILD MUST ATTEND AN MHST SCHOOL FOR ACCESS TO THE WEBINARS. IF YOU ARE UNSURE, PLEASE CONTACT US.

SCAN THE QR CODE TO SECURE YOUR PLACE:

Topic	Date	Link	QR code
Common Mental Health Challenges– Primary	Wednesday 14th of October 2026	https://events.teams.microsoft.com/event/2b8ff222-6d11-41f8-bb18-6bbd8629190b@759ac89b-2aa4-4973-b048-e6903b46a8b6?source=copyLinkLegacyShareLinkDialog	
Common Mental Health Challenges– Secondary	Thursday 12th of November 2026	Introduction to Common Mental Health Challenges – Secondary Join meeting in Teams Microsoft Teams	
Childhood Anxiety – Primary	Tuesday 17th of November 2026	https://events.teams.microsoft.com/event/ad704aa6-94f5-44c6-ad80-2fdf8ca0eab7@759ac89b-2aa4-4973-b048-e6903b46a8b6?source=copyLinkLegacyShareLinkDialog	
Adolescent Anxiety– Secondary	Monday 7th of December 2026	https://events.teams.microsoft.com/event/9db7fa1e-794d-43d1-a918-cdbe15539956@759ac89b-2aa4-4973-b048-e6903b46a8b6?source=copyLinkLegacyShareLinkDialog	