



# THE GRANGE SCHOOL

*Mr V Murray – Headteacher*

October 2026

Dear Parents / Carers

## **Re: Young Carers**

The Grange School is currently working in partnership with Carers Bucks to provide support and raise awareness of Young Carers within our school and across the county.

Nationally, around 1 in 12 young people are identified as Young Carers. A Young Carer is a child or young person who helps to care for, or is significantly affected by, a family member who has a disability, long-term physical or mental health condition, learning difficulty, or substance misuse issue.

It is important to recognise that Young Carers do not always provide physical or personal care. Many children may not undertake practical tasks but are nonetheless deeply impacted by a family member's diagnosis. They may provide emotional support, help supervise siblings, take on additional responsibilities at home, or experience worry and stress related to their family circumstances. These experiences can have an impact on their wellbeing, attendance, and engagement with school.

In partnership with Carers Bucks, we are working to raise awareness of Young Carers within our school community, identify students who may benefit from additional support, and ensure they feel understood and valued. We currently run two half-termly Young Carers groups, led by school staff with ongoing support from Carers Bucks. These groups provide a relaxed and welcoming space within school where students can meet others in similar situations, take part in enjoyable activities, and access emotional and practical support.

If you feel your child may be a Young Carer, or may be affected by a family member's health needs, we encourage you to contact the school office or myself directly via [lbuckingham@grange.bucks.sch.uk](mailto:lbuckingham@grange.bucks.sch.uk)

Please note that students do not need to be registered with Carers Bucks in order to attend the school-based group.

If you have any questions or would like further information, please do not hesitate to contact me at the email address above.

Yours faithfully

**Ms L Buckingham**  
**Student Support Mentor**

