



THE GRANGE SCHOOL

Mr V Murray – Headteacher

October 2026

Dear Parent/Carer

Re: PE Kit

The PE department are writing to look for support from families, with regards to levels of participation and standard of PE kit.

Reminder that PE kit consists of:

- trainers
- black shorts, skort, leggings or tracksuits bottoms
- The Grange polo shirt and either a white/black base layer or The Grange PE jumper

Other items that may be required at different points in the year include football boots, shin pads, grip socks. This will be communicated in lessons and via Bromcom.

Items that are not acceptable will be met with behaviour points for incorrect item of kit. Examples include 'hot pant shorts' such as the Nike Pro shorts or the wrong colour t-shirt.

If students are fully fit and well, then full participation in PE is expected. If carrying a knock or bump or feeling slightly under the weather but able to be in school; kit with a note from home should be brought in and your child's PE teacher is able to adapt activity accordingly. If a note is not accompanied by kit, students should expect a behaviour point logged on their Bromcom profile.

If students are seriously unwell and under medical supervision or have an injury that prevents changing into PE kit e.g. a boot on the ankle, plaster cast on the arm or a bad back, then there is no expectation to change into PE kit. However, please share the medical information either by email or note with the class teacher.

This was explained to all students in September during their introduction / welcome back lesson.

Physical activity has been proven to be of major benefit to mental health, as well as the obvious physical benefits. Alongside this, the connection between concentration when returning to the classroom is also well documented. We highly encourage all students to engage to the best ability in their PE lessons.

If you wish to discuss this further, please contact your child's PE teacher in the first instance via email.

Thank you for your support.

Yours faithfully

The PE Department

